Color the world for our public health superheroes!

Based on the 10 Essential Public Health Services as defined by the Centers for Disease Control and Prevention

A coloring book for ALL ages!

https://publichealth.pitt.edu/healthequity

https://lms.marphtc.pitt.edu/
Essential Service #1: Assess and monitor population health.

For example: finding out what different groups of people think about getting a vaccine.

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Essential Service #2: Investigate, diagnose, and address health hazards and root causes.

For example: testing many people around the same time to find out how fast a disease is spreading

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Essential Service #6: Utilize legal and regulatory actions.

For example: making sure that local restaurants follow food handling safety laws so that people don’t get sick.

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Essential Service #4: Strengthen, support, and mobilize communities and partnerships.

For example:
People living in an area were worried about sick raccoons giving the rabies disease to humans and pets. So, public health workers helped them to put out food with a rabies vaccine in all the nearby places where raccoons live.
Essential Service #3: Communicate effectively to inform and educate.

For example: making a video about how to escape from a wildfire

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Essential Service #5: Create, champion, and implement policies, plans, and laws.

For example: working with government officials to make it easier for people to buy electric cars, which will help the air stay clean and safe to breathe.

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Essential Service #7: Enable equitable access.

For example:
setting up a program that trains service dogs to help housebound people leave their homes when they want to.

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Essential Service #8: Build a diverse and skilled workforce.

For example: creating courses for a new college degree in public health

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Essential Service #9: Improve and innovate through evaluation, research, and quality improvement.

For example: continually checking local air and water quality and making it safer for everyone.

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Essential Service #10: Build and maintain a strong organizational infrastructure for public health.

For example: making sure public health workers have the resources they need to do their jobs.
What do public health superheroes do?

People who work in public health are a kind of **superhero**. They work to **stop people from getting sick or hurt**. They also work to help people **get better**. They want **everyone** to have the chance to be healthy.

What is the Center for Health Equity?

The Center for Health Equity (CHE) works to make sure that **everyone has the chance to be healthy**. CHE works with different groups of people with different experiences to make sure that public health programs work for everyone. The CHE works to make sure babies grow up strong and healthy, neighborhoods are safe and fun, and people stay healthy as they get older. In other words, CHE works to help **EVERYONE** in southwestern Pennsylvania live long, safe, and healthy lives.

What is the Mid-Atlantic Public Health Training Center?

The Mid-Atlantic Regional Public Health Training Center (MAR-PHTC) is an organization that helps many different groups that work to help people be healthy. How? They **teach the very latest health information** to the women and men who work in public health jobs. These women and men want to help all of us be healthy and safe. This organization works in five states (PA, WV, VA, MD, DE) and Washington, DC.

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**THANK YOU** for coloring the world of public health!